



Uniting Seniors in the City

SUMMER SCHOOL



5—23 January 2026



Level 1, 97 William St, Perth, WA 6000 | (08) 9483 1333 | Reception@tsfs.org.au

www.perthunitingchurch.org.au



UNITING SENIORS IN THE CITY

Companionship through Learning

Uniting Seniors in the City (formerly Trinity School for Seniors) is a mission outreach of the Uniting Church in the City (UCIC), and is committed to helping adults over the age of 60 to participate in life long learning, and to foster and enhance friendship and companionship on this journey. Uniting Seniors in the City functions as an inclusive community facility, providing education and mutual support to meet the physical, emotional, social, intellectual, pastoral, and spiritual needs of Seniors in the wider Perth community.

Uniting Seniors in the City (USIC) is grateful for the continued financial and administrative support provided by the Uniting Church in the City, without which, it would not be able to continue.

The school was started by the Trinity Church in 1979 and in 2024 celebrated 45 years of providing 'Companionship Through Learning' to the seniors of Perth. In 2026 Trinity School for Seniors transitions to the new name "Uniting Seniors in the City" and offers a thriving community of activity, providing over 80 courses for more than 400 attendees five days a week, and over four terms per year, with additional short programs available during the Summer and Winter school holidays.

We hope that you enjoy the classes and activities on offer during our 2026 Summer School program and we look forward to being a part of your life, just as much as you are a part of ours.

All money raised during Summer School is used to offset the running costs of our termly programs or to purchase much needed resources for our school community to use and enjoy.

For over 60's



Welcome to *Summer School*

Uniting Seniors in the City is delighted to offer a relaxed and engaging three-week '**Summer School**' **program** during the January school holidays. This is a wonderful opportunity to explore a range of classes that you might not usually have the chance to try during the regular term.

To take part in our Summer School activities, please complete an **enrolment form** to secure your place in your preferred classes. Enrolments will open on **Monday, 17 November 2025**. As class sizes are limited, early booking is essential—please note that **walk-ins cannot be accommodated**.

The **fee structure** for Summer School is a **\$2 donation per class** (unless otherwise indicated), payable to your tutor or a staff member upon arrival. Some classes may have an **additional fee**, payable to **Uniting Seniors in the City Reception** prior to attending. If you enrol in one of these classes, you'll receive a payment request. Please note that these additional fees are **non-refundable**, as materials or external services are arranged in advance.

Throughout this program, you'll notice **icons** alongside each course listing—these are designed to help you easily identify class details and make your selections.

We look forward to welcoming you to Summer School and hope you enjoy discovering something new!



A \$2 Donation is payable to tutor on arrival to the class.



A fee is required for attendance at event.
Payable to USIC prior to event/class date.



Booking required.
Please contact Reception to reserve your place.



Exercise class/Excursion involving moderate walking or physical abilities.

COVID-19 Vaccination Policy: UCIC recommends all attendees remain up-to-date with their COVID-19 vaccination .

We also welcome new students to the school during Summer School as this short program provides a wonderful chance for members of the public to get a feel for the school and a taste of some of the fabulous courses on offer.

Summer School Program

Workshops



Learn to Play Tunes on English Handbells

with Carol Davis

Come and try something a bit different and discover how to ring tunes on English handbells and handchimes.

Each person will ring two bells, one in each hand, but a ringer may choose to ring only one bell as part of our ringing team/choir if they prefer.

No musical knowledge is required – basics will be taught to ensure success.

Music notes are colour coded for each ringer / pair of notes to assist in playing well known tunes together as a team/choir.

Ringing is easier if standing, and a better sound and technique is achieved. However, handbell ringing can be done seated, so this class is suitable for everyone.

Please bring food with you as there will be a 30 minute break for lunch.



Tuesday

Queens Activities Room

6th January

10am—2pm



History Alive

with Susie King

New Guards and Brownshirts – A Challenge to Democracy

Australia and Britain had long and established democracies. They were to be challenged both from the right and left of politics with many believing that Fascism was less of a threat than Communism. Who led the Fascists in Australia and Britain and how successful were they? Why has the far right become more popular again?



Tuesday

Queens Lecture Room

13th January

10.30am—11.30am

Summer School Program

Workshops



French Conversation *with Christel Bouton*

Suitable for intermediate and advanced students, this class offers a less formal chance to speak French and explore the French language and culture. A variety of topics discussed around the group.



Tuesday

Queens Boardroom

6th, 13th & 20th
January

12pm—2pm



The Marriage of Music and Poetry *with Louise Hodge*

Come and explore the wonderful pairing of music and poetry with Louise Hodge on piano.

Session 1: Baroque Music and Poetry written during the Baroque Period

Session 2: Classical Music and Poetry written during the Classical Period

Session 3: Romantic Music and Poetry written during the Romantic Period.



Tuesday

Queens Hall

6th, 13th & 20th
January

11.30am—12.30pm



Origami for Beginners and Grandkids *with George Ho*

Come by yourself, bring along the grandkids or a friend to discover the wonder of paperfolding. Share the joy of transforming a piece of paper into something interesting. All materials will be provided. Just bring along a carry bag to take your creations home.



Tuesday

Queens Lecture Room
20th January

10am—11am

Summer School Program

Workshops



Needlework Social Group *with Faye Etherington*

Come and join a friendly handcraft group. Whether it be patchwork, embroidering, knitting, quilting, or something special that you are currently working on, bring it along to this relaxed and social group. Drop in any time between 10am—2.00pm to join this friendly, outgoing group of handcrafters.

If you would like to learn to knit, bring 8ply wool and 4mm or No.8 knitting needles. If you would like to learn to crochet, bring 8ply wool and a 4mm hook.



Wednesday

Queens Hall

7, 14 & 21 January

10am—2pm



Canasta Five *with Penny Searle-Hellens*

Canasta Five is a very social game which gives you the opportunity to meet with other experienced players in a friendly setting. This class is only for experienced players as no tuition is provided.



Wednesday

Queens Hall

7, 14 & 21 January

11am—2pm



Mini Bridge *with Sandra Sutton-Mattocks*

Welcome to Summer School Mini Bridge, an easy to learn, fun social game that is also a gentle workout for the brain, and forms the basis of Contract Bridge if you wish to update your skills at a later stage. Everything supplied.



Wednesday and Thursday

Queens Hall

7th and 8th January

9:30am—11:30am

Summer School Program

Workshops



Carers WA *with Elisa Curry*

This talk will cover all things Carers WA and Carers Gateway, including eligibility, structure, programs, services and referrals.



Wednesday

Queens Lecture Room

14th January

9:30am—10:30am



Church Tour - St George's *with Diane Cotter*

Continuing on our Summer and Winter School program, we will be visiting and touring some of the inner city Perth Churches of all denominations, looking at their architecture and learning about their history. This tour will meet at the Queen Foyer at 9.30am before walking to "Holy Grounds" coffee shop for a morning tea (at own expense) before visiting St George's Cathedral for a guided tour. There is no cost for the tour but a donations box will be available should you wish to contribute.



Wednesday

Depart Queens Foyer

21st January

Meet at 9.30am

Summer School Program

Workshops



Vicarious Adventures in Europe, Pt 2: A Road trip through Norway with Rob and Rita Phillips

From July til September 2025, we travelled from the Netherlands to the very north-east of Norway in our motorhome. We drove 10,577kms over 63 days and spent 44 days north of the Arctic Circle. On the rare occasions when the weather was good, the scenery was absolutely fantastic.

As well as showing some of the beauty of this 'broccolini' land, we will tell you about some of our engagements with Norwegian people. We will share our observations of cultural elements of Norway, including the indigenous Sami people and Viking life; and political issues, including the relationship with Russia and the Norwegian sovereign wealth fund.



Wednesday

Queens Lecture Room

21st January

1.00pm—2.00pm



Introduction to Canva with Christine Stewart

Canva is an Australian multinational proprietary software company that gives its users a graphic design platform to create content for presentations, websites, and similar products. Launched in Australia in 2013, the site offers design tools for individuals and companies. It provides templates for presentations, posters, and social media content, as well as photo and video editing functionality.

Christine will guide you through this tool in a one hour session to create great presentations – whether it be flyers and social media posts. If you have a laptop or tablet bring it along!



Thursday

Queens Lecture Room

15th January

11am—12pm

Summer School Program

Workshops



Stroke Foundation—Stroke Safe Talk *with Eric Goddard*

In Australia, a stroke occurs every 11 minutes. In 2023, more than 34,000 Australians, of all ages, experienced stroke for the first time... But the good news is that it doesn't need to be this way. More than 80 percent of strokes can be prevented.

StrokeSafe Speakers are trained in public speaking and experienced in delivering life-saving messages about stroke.

Many have either had a stroke themselves or are close to someone who has, so while they will present common information about stroke and its prevention, they will also draw on their own personal experiences so every talk is different – and very powerful.

Don't miss out on your chance to learn how you could help save the life of a friend, family member or colleague and how you can reduce your own stroke risk!



Thursday

Queens Lecture Room

15th January

1pm—2.30pm



Department of Transport (DoT) *with tbc*

DoT staff will provide assistance with creating DoT Direct Online Accounts and demonstrating how to use DoT's digital services. They will also provide information and guidance around direct debit options and conducting online transactions in a safe manner.

These workshops aim to increase confidence in conducting online transactions with DoT and minimise the need to attend a Driver and Vehicle Service Centre.



Thursday

Queens Lecture Room

22nd January

11am—1pm

Summer School Program

Workshops



Australian Army Museum of WA with Igor Iskra

The Museum is located at the Artillery Barracks, 6 Burt St Fremantle with the main building being built in 1910. While listed as an Army operational base, it is only used as a Museum. It is a major museum with galleries occupying most of the main two storey building and as well as some of the adjacent buildings along with displays around the site and parade ground. Additional galleries have opened since our last visit.

The tour will be conducted by Igor Iskra, a long time Museum Volunteer and TSFS student, with additional tour guides available if needed. The tour will start at the Queen's Building on Thursday 22 January at 09:00 with a train trip to Fremantle followed by a short, 1km bus trip along Victoria Ave to the Museum (with minimal walking). Parking is available on the parade ground to those wishing to travel direct to the Museum. This is available if the gate attendant is told that they are part of this booked tour. The site caters for disabled visitors. A tour usually takes about two hours but this depends on visitor interest level.

Cost is \$12 (non refundable) payable once your enrolment is confirmed.



Thursday

Departs Queens
Foyer

22nd January

9am—12pm

Summer School Program

Workshops



Practical Healthy Eating for Older Adults with Dr Catherine Properzi

Practical Healthy Eating for Older Adults is designed for active seniors who want to eat well, stay strong, and feel their best. Learn simple ways to support your health and lifestyle. We'll cover smart shopping tips, portion guidance, and food ideas with practical advice and a focus on enjoying food.



Thursday

Queens Board Room

22nd January

9.30 am—10.30 am



China in 30 Concepts, Objects with Katherine Cheng

Based on the idea of "The History of the World in 100 Objects" this workshop is for anyone with an interest in Chinese culture, history and the lived experiences of the Chinese beyond the headlines.



Thursday

Queens Board Room

22nd January

1.15 pm—2.30pm



Singing /Ukulele Jam Group with Joe Wisnewski

Bring Your Voice and/or Ukulele/Guitar/Banjo/other instrument.

This is your group to just sing or sing and play. A session of singing and music with plenty of variety. Song sheets will be provided. Group input and ideas for songs will be welcomed. Group members will be welcome to lead on their favourite songs. We will pretty much give anything a go and all abilities are welcome. It is about having musical fun together. Just sing, sing, and strum, or just play your ukulele, guitar etc. We have a cajon (drum) player to add to the band, and some backing music. Don't miss out on this exciting opportunity to be part of something big. (Tell your friends).



Friday

Queens Hall

9th, 16th and 23rd
January

10am—11.30am

UNITING SENIORS IN THE CITY

ST GEORGE'S CATHEDRAL TOUR



WEDNESDAY JANUARY 21ST

**MEET AT 9.30AM IN THE QUEENS FOYER
PLEASE BOOK VIA RECEPTION**



RECEPTION@TSFS.ORG.AU



UNITING SENIORS IN THE CITY

AUSTRALIAN ARMY MUSEUM OF WA



THURSDAY JANUARY 22ND

MEET AT 9.00AM IN THE QUEENS FOYER
COST:\$12 PER PERSON (NON REFUNDABLE)
PLEASE BOOK VIA RECEPTION



RECEPTION@TSFS.ORG.AU



How to get to UNITING SENIORS IN THE CITY

Uniting Seniors in the City classes are conducted from the following two buildings:

Queens Building

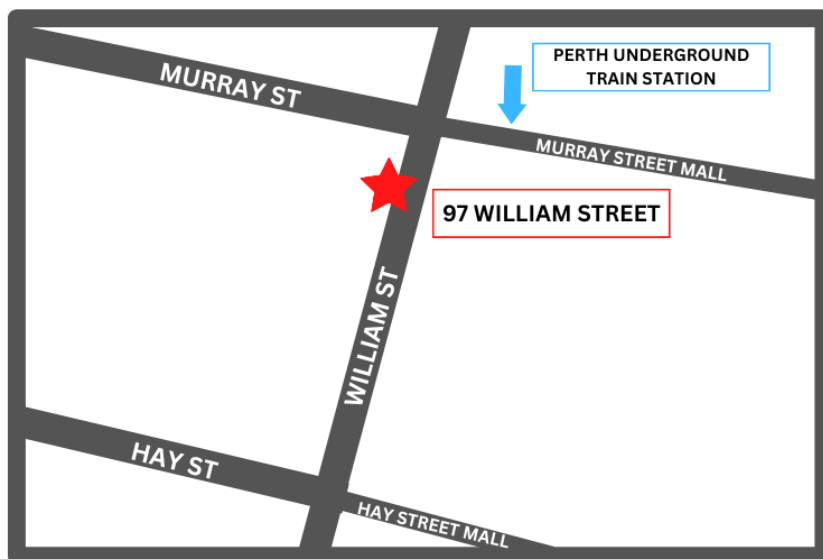
97 William St, Perth WA 6000

All classrooms are located on Level 1
or Level 2 with lift access

Reception is located on Level 1.

Classrooms in this location:

- Queens Board Room
- Queens Lecture Room
- Queens Hall
- Queens Activities Room
- Queens Foyer (as a departure point)



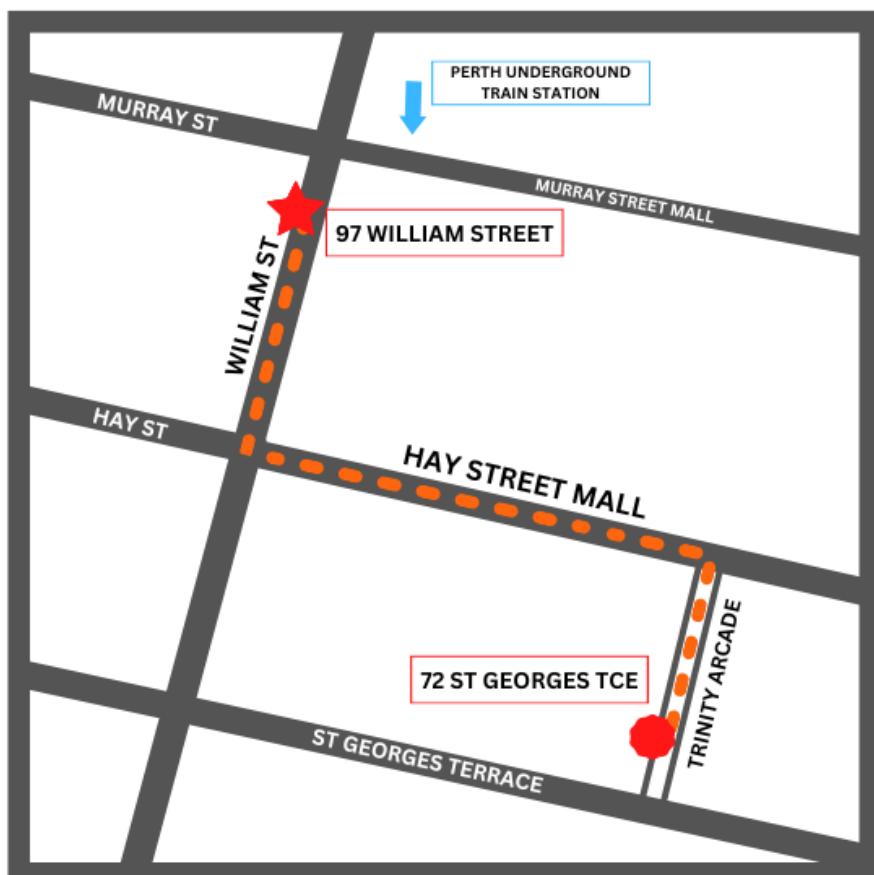
Trinity Building

72 St Georges Tce, Perth WA 6000

All classrooms are located in the
Trinity Church buildings, ground
floor Trinity Arcade

Classrooms in this location:

- Trinity Main Hall



Summer School

Quick Reference

Summer School Workshop	Workshop Location	Day	Time				
Learn to Play Handbells	Q - Activities Room	TUES 6	10am - 2pm	✓	✓		
The Marriage of Music and Poetry	Q - Hall	TUES 6, 13 & 20	11.30am-12.30 pm	✓	✓		
French Conversation	Q - Board Room	TUES 6, 13 & 20	12pm—2pm	✓	✓		
History Alive	Q - Lecture Room	TUES 13	10.30am-11.30am	✓	✓		
Origami	Q - Lecture Room	TUES 20	10am - 11am	✓	✓		
Needlework Social Group	Q - Hall	WEDS 7, 14 & 21	10am - 2pm	✓	✓		
Canasta Five	Q - Hall	WEDS 7, 14 & 21	11am—2pm	✓	✓		
Mini Bridge	Q - Hall	WEDS 7 & THURS 8	9.30am—11.30am	✓	✓		
Carers WA	Q - Lecture Room	WEDS 14	9.30am—10.30am	✓	✓		
St.George's Cathedral Tour	Dept Q - Foyer	WEDS 21	9.30am—12.00pm	✓	✓	✓	
Vicarious Adventures in Eu-	Q - Lecture Room	WEDS 21	1pm-2pm	✓	✓		
Introduction to Canva	Q - Lecture Room	THURS 15	11am-12pm	✓	✓		
Stroke Safe Talk	Q - Lecture Room	THURS 15	1pm-2.30pm	✓	✓		
Army Museum Tour	Dept Q - Foyer	THURS 22	9am—12pm	✓		✓	✓
Practical Healthy Eating	Q - Board Room	THURS 22	9.30am—10.30am	✓	✓		
Department of Transport	Q - Lecture Room	THURS 22	11am-1pm	✓	✓		
China in 30 Concepts	Q - Board Room	THURS 22	1.15pm—2.30pm	✓	✓		
Singing/Ukulele Jam Group	Q - Hall	FRI 9, 16 & 23	10am - 11.30am	✓	✓		

* T—Trinity Building; Q—Queens Building (refer to previous page for directions)

Scan this QR code to save our contact details to your phone:



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Companionship through Learning

Level 1, 97 William Street, Perth WA 6000
PO Box X2222, Perth WA 6847
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Office Hours:

Term time - Monday to Friday 9am – 3pm

Holiday time - Monday to Friday 9am – 12pm

